Resources for Transition Age Youth
Alameda and Surrounding Counties

8th Edition

2017
675 Hegenberger Rd., Suite 100, Oakland, CA 94621
Independent Living Program (ILP) - Hegenberger Partners

Alameda County ILP          Fred Finch Youth Center
Beyond Emancipation         County Child Welfare Workers

**BUS**
The 45 and 73 AC Transit bus lines stop right in front of the building.

**BART**
Take BART to the Coliseum station, catch the 45 or 73 bus or walk eight minutes across San Leandro Street west up the entrance ramp to 675 Hegenberger Road.
Hello,

We all go through times when we could use a helping hand. If you are looking for resources or support, this booklet is a great place to start.

While some of this information is only for eligible current and former foster and probation youth, most of it will be useful to any transition age youth (16 to 24).

You are not alone! There are agencies in this community that will be able to offer you some help and are just waiting for you to make contact with them.
Disclaimer and Credit

This booklet is not a comprehensive guide to all of the service providers in and around Alameda County. It presents organizations that Beyond Emancipation (B:E) has worked with or researched. Please note that the booklet is updated periodically and you can contact B:E to request the most recent version. You can also find this in PDF format online at:

www.beyondemancipation.org

If you feel as though an organization has been left out or that information is inaccurate or outdated, please contact us with your suggestions (info@beyondemancipation.org).

Thanks to our staff for researching, compiling, and updating this resource guide. Thanks also to Casey Family Programs for their encouragement to develop the booklet for broader circulation and for financial support for printing its earliest editions. Most of all, thanks to the transition age youth for their courage and determination.
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## CRITICAL NEEDS

### 24 Hour Crisis Lines

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<th>Service</th>
<th>Contact Information</th>
<th>Website</th>
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</table>
| Alameda County Child and Family Services                     | Child Abuse Reporting – Oakland/Alameda County  
(510) 259-1800                                    |                                |
| Building Futures Crisis Line                                | (866) 292-9688                             | bfwc.org                        |
| California Youth Crisis Line                                 | (800) 843-5200                            | youthcrisisline.org             |
| Community United Against Violence (CUAV)                     | (415) 333-HELP (4357)                      | cuav.org                        |
| The Housing Help-Link                                        | (800) 273-6222 (211 San Francisco)        |                                |
|                                                              | (510) 727-9560 (211 Alameda County)        |                                |
| National Domestic Violence Hotline                           | Crisis Counseling and Referrals            | thehotline.org                  |
|                                                              | (800) 799-7233                            |                                |
| National Runaway Safeline                                    | 1800runaway.org                           |                                |
|                                                              | (800) RUNAWAY (786-2929)                  |                                |
| National Teen Dating Abuse Hotline                           | loveisrespect.org                         |                                |
|                                                              | (866) 331-9474                           |                                |
|                                                              | Text: “loveis” to 22522                    |                                |
| Parental Stress Hotline, Family Paths                        | familypaths.org                           |                                |
|                                                              | 1-800-829-3777                           |                                |
| Rape Crisis Hotline-Bay Area Women Against Rape              | bawar.org                                  |                                |
|                                                              | (510) 845-7273 (English and Spanish)       |                                |
| Suicide Prevention                                           | crisssupport.org                          |                                |
| Alameda County Crisis Support Line                           | Alameda County Crisis Support Line         |                                |
|                                                              | (800) 309-2131                           |                                |
| The Trevor Lifeline (LGBTQ)                                  | thetrevorproject.org                      |                                |
|                                                              | (866) 488-7386                           |                                |

### EMERGENCY HOUSING

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Contact Information</th>
<th>Website</th>
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<tbody>
<tr>
<td>Covenant House (18 to 24)</td>
<td>covenanthouse.org</td>
<td></td>
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<tr>
<td></td>
<td>Shelter program for young adults</td>
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<tr>
<td></td>
<td>200 Harrison St., Oakland</td>
<td></td>
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<tr>
<td></td>
<td>(510) 379-1010</td>
<td></td>
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<tr>
<td>Dreamcatcher (13 to 18)</td>
<td>alamedafs.org/youth.html</td>
<td></td>
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</tbody>
</table>
|                                                              | Shelter and drop-in center (free snacks and dinner is served Mon- Sat@ 5pm; laundry, games, tv, computers)  
422 Jefferson St. Oakland  
1 (800) 379-1114                                    |                                |
YEAH Shelter (18 to 25)
Lutheran Church of the Cross
1744 University Ave., Berkeley
(510) 704-9867
Doors open at 8:00 pm: First 25 admitted, advised to be there by 7:15 pm to 7:30 pm
Seasonal: Nov–May
Hours of operation: 8:00 pm – 8:00 am. Curfew is 10:00 pm.
Services: Meals, showers, laundry. This is a night-only shelter.

Clinical Day Program-year around intensive case management and counseling

East Oakland Community Project (EOCP)
eocp.net
Crossroads Facility (for men, women, veterans, & families)
125-bed emergency housing program
7515 International Blvd., Oakland
(510) 532-3211
Our House (for youth 18 to 24)
Transitional housing program with 10 spaces. Needs some type of income as clients pay rent.
3824 West St. Oakland, CA
(510) 735-9570
Matilda Cleveland (for single parents and children)
6-month transitional housing program providing intensive case management
8314 MacArthur Blvd., Oakland
1 (844) 419-4663
Families in Transition Program
6-month transitional housing program. Must be two parent household. Scattered sites around Oakland
1 (844) 419-4663

ABODE Services
abodeservices.org
Sunrise Village
588 Brown Rd., Fremont
Families call: (510) 252-0910 to put your name on the waiting list. Call again Friday at 1 pm to re-register for the waiting list.
Single women and men call: (510) 252-0910 around 11 am to check availability. Shelter is first come first serve.

Building Futures
bfwc.org
Shelter those who experience homelessness or domestic violence in Alameda and San Leandro
(866) 292-9688
Berkeley Food and Housing Project
Call Berkeley Shelter Bed Hotline
(866) 960-2132

**Monday to Friday:** The hotline opens at 12:00pm until all beds are filled, then opens again at 7:00pm to fill any remaining beds.

**Saturday & Sunday:** The hotline is open at 10:00am until all beds are full and no later than noon.

All reservations for Berkeley shelter beds must be made by phone. No walk-ins accepted.

- **Multi-Service Center:** 1901 Fairview St., Berkeley; (510) 649-4965
- **North County Women’s Shelter:** 2140 Dwight Way, Berkeley, (510) 649-4965 x308
- **Men’s Shelter:** 1931 Center St., Berkeley; (510) 649-4980
- **Russell St. Residence:** 1741 Russell St., Berkeley; (510) 843-3420

**City Team Men’s Shelter** (men only, $5/night) cityteam.org
Sign in at 3:30 pm.
722 Washington St., Oakland
(510) 452-3758

**Calli House—Contra Costa County**
Emergency shelter, meals, showers, laundry, healthcare, & case management. Based in West Contra Costa County. Open to all transition age youth.
(510) 236-9612 cchealth.org/homeless/calli-house.php

**FESCO (Family Emergency Shelter Coalition) Hayward**
- **Les Marquis:** emergency shelter for families of all configurations (510) 581-3223
- **Banyan House:** 6-month transitional housing program for families. Must be referred by case manager or social worker, 510-538-0321 fescofamilyshelter.org

**Larkin Street Youth Services** larkinstreetyouth.org
Provides a comprehensive continuum of care to homeless & runaway youth ages 13 to 24. Housing, case management, substance abuse, HIV prevention & counseling, education & employment services.
134 Golden Gate Ave, San Francisco
Hotline: (800) 669-6196

**Ruby’s Place** rubysplace.org
Shelter for families and individuals
(888) 339-7233 (24 hour emergency hotline)
(510) 581-5626
Second Chance Shelter  secondchanceinc.com
Emergency shelter for those in addiction recovery in Newark and Hayward.
(510) 792-4357

Oakland Elizabeth House  oakehouse.org
A transitional housing program for women with children. Offers 12 to 18 months of housing and support services in North Oakland
(510) 658-1380

Bay Area Rescue Mission  bayarearescue.org
Men’s Center
Arrive at 6pm to receive shelter. First come, first serve. Must be 18+
200 Macdonald Ave., Richmond
(510) 215-4868

Family Shelter
Women with children, single women, and families (will accept women under 18 with children)
224 Macdonald Ave., Richmond
Call (510) 215-4860 to check for space availability

Uplift Family Services’ Transitional Housing Program (THP)  upliftfs.org
Serves a limited number of adolescent clients (ages 16-21) who are in the process of emancipating from a foster care program
(925) 602-1750 (Contra Costa)

Salvation Army Oakland Family Emergency Center
2794 Garden St., Oakland
(510) 437-9437
Call for intake appointment. Emergency housing program for families with children.

Building Opportunities for Self-Sufficiency (BOSS)  self-sufficiency.org
Shelter program and transitional housing
(510) 649-1930
Food Assistance

Call (800) 870-FOOD (3663) to find free meals and local food banks

Alameda County Community Food Bank accfb.org
7900 Edgewater Dr., Oakland
(510) 635-FOOD (3663)
Mon to Fri, 9 am - 5 pm.

Food Bank Pantry Program
Eligible volunteers can receive a 15 lbs of groceries if they
work a 3 hour shift, with a maximum of one bag per week.

CalFresh calfresh.ca.gov
Call (877) 847-3663 to apply for benefits in your county.

Morning Meals

Dorothy Day House
2138 Cedar (& Walnut), Berkeley
(925) 519-9881
Mon-Sat: 7am-8am

Night on the Streets Catholic Worker
2362 Bancroft Way, Berkeley
(781) 985-0981; Mon-Sat: 8am

People’s Park
Haste & Telegraph, Berkeley
(510) 684-1892 Sun: 7:30am, meal moves at 8:15am to Center St.
between Milvia and Martin Luther King.

Open Door Mission
92 7th St., Oakland
(510) 451-7924
Sun-Fri: 7am breakfast after service.

Manna from Heaven
Telegraph Ministry Center - 5316 Telegraph (& 51st St.) Oakland
(510) 658-4457; Wed-Sun: 6:30am-8am.

Women’s Daytime Drop-in Center
2218 Acton St, Berkeley
(510) 548-2884; Daily: 8am-10am.
City Team Oakland
722 Washington St., Oakland
(510) 452-3758; Breakfast 7 am daily

**Mid-day Meals**

Church by the Side of the Road
2108 Russell (& Lorina), Berkeley
(510) 644-1263; 2nd Sun of the month: 1:30pm-3pm.

Food Not Bombs/People's Park
Haste above Telegraph, Berkeley
(510) 644-4187
Mon-Fri: 3pm; vegetarian meal.

McGee Avenue Baptist Church
1640 Stuart (& McGee), Berkeley
(510) 843-1774
Mon, Wed, Fri: 12 noon-1pm.

St. Paul AME Church
2024 Ashby Ave, Berkeley
(510) 848-2050
Tue: 11:30am-12:30pm.

St. Vincent de Paul Free Dining Room
675 23rd St., Oakland
(510) 451-7676
Tue-Sat: 10:45am-12:45pm.

South Berkeley Community Church
1802 Fairview (& Ellis), Berkeley
(510) 652-1040
Thu: 12 noon-1pm.

Taylor Memorial United Methodist Church
1188 12th Street, Oakland
510-644-6162
Tue: 12 noon-1pm. 4th Sat of the month: 12 noon-1pm.

Women’s Daytime Drop-in Center
2218 Acton St, Berkeley
(510) 548-2884
Daily: 12 noon-12:30pm.
**Late Afternoon/ Evening Meals**

**All Souls Episcopal Parish**
2220 Cedar (enter on Spruce), Berkeley
(510) 848-1755 2nd Sun of the month: 4pm.

**Berkeley Food and Housing Project— Community Meal**
Lutheran Church of the Cross - 1744 University (& Grant), Berkeley
510-649-4976 Mon-Tue, Thu-Fri: 3:30pm-4:45pm.

**CityTeam Oakland**
722 Washington, Oakland; 510-452-3758
Dinner Sat-Thurs 6:30pm; Friday 5:30pm

**College Avenue Presbyterian Church**
5951 College (& Claremont), Oakland
(510) 658-3665 Fri: “Friday Night On College” 6pm.

**Congregation Beth El**
1301 Oxford (& Rose), Berkeley
(510) 848-3988
3rd Sun of the month: 5pm. Meal ticket distribution at 3pm.

**First Presbyterian Church**
2407 Dana (& Haste), Berkeley
(510) 262-9030
2nd & last Sat of the month: 5pm.

**Newman Hall – Loaves and Fishes**
2700 Dwight Way (& College), Berkeley
(510) 848-7812
1st Sat of the month: 4pm-7pm. Lottery at 2pm for limited meal seating.

**St. Mark’s Episcopal Church**
2300 Bancroft (& Ellsworth), Berkeley
(510) 848-5107
3rd Sat of the month: 5pm. Ticket distribution starts at 4pm. St.

**Mary Magdalen Church**
2005 Berryman (& Henry), Berkeley
(510) 526-4811; 1st & 4th Sun of the month: 3pm.

**University Lutheran Chapel**
2425 College (& Haste), Berkeley
(510) 843-6230 4th Sat every month containing 5 Saturdays: 4:30pm
**Drop-In Centers**

**City of Berkeley Shower Program**
Willard Pool  
2701 Telegraph Ave., Berkeley  
(510) 451-8923  
Mon-Fri 7:30pm-8:30pm, Sat-Sun 9am-10am. Time in showers is limited to 5 minutes. Towels and soap provided.

**A Friendly Manor/Place**
2298 San Pablo, Oakland  
(510) 451-8923  
Mon-Fri 8:30am-3pm. For women. Showers, laundry and referrals.

**Homeless Action Center**
3126 Shattuck Ave., Berkeley  
(510) 540-0878  
Mon, Wed, Thur 9am-12noon 1pm-5pm, Tue 1pm-5pm. Free drop-in legal assistance: Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Medi-Cal, CalWorks, General Assistance (GA), Food Stamps/SNAP, Cash Assistance Programs for Immigrants (CAPI) and more. Advice and referrals for non-benefits related issues.

**Berkeley Drop-In**
3234 Adeline St., Berkeley  
(510) 653-3808  
Mon-Thurs 9am-4pm, Fri 9am-2pm. Drop-in center for past, current, or at-risk mental health clients and their families.

**St. Vincent De Paul: Visitation Center for Women**
2260 San Pablo Ave., Oakland  
(510) 444-3790  
Tue-Sat 9:30am-3pm. Showers, laundry and referrals. Resources for children including infant care.

**Berkeley Food and Housing Project (BFHP)**
1901 Fairview, Berkeley  
1 (866) 960-2132  
Housing resources, support services, mail and phone service

**Women's Daytime Drop-in Center**
2218 Acton (& Bancroft), Berkeley  
(510) 548-2884  
Mon-Fri 8am-4pm (closed 1st Fri of each month). For homeless women and children. Shelter and transitional housing referrals available.
Subscribe to **B:E Housed**, a monthly listing of shelters, transitional housing programs, voucher programs, and other housing resources found on beyondemancipation.org

**Transitional THP-Plus and THP-Plus Foster Care Housing**

THP+ housing eligibility is reserved for youth who were still in a foster home or group home on their 18th birthday. THP+FC housing eligibility is reserved for non-minor dependents who have opted into AB12.

- **Beyond Emancipation**
  - Host Housing: (510) 667-7733
  - Community Housing: (510) 667-7736
- **First Place for Youth**
  - 426 17th St., Suite 100, Oakland
  - (510) 272-0979
- **Abode Services- Project Independence**
  - 1065 A St., Hayward
  - (510) 270-1150
- **Rising Oaks (Fred Finch)**
  - 3800 Coolidge Avenue, Oakland
  - (510) 482-2244
- **A Better Way**
  - 3200 Adeline St., Berkeley
  - (510) 601-0203 x 305
- **Bay Area Youth Center**
  - 22245 Main St., Suite 200, Hayward
  - (510) 830-3630

**Long-Term Housing**

- **Housing Choices**
  - Low-income housing listings and info for Alameda County.
  - achousingchoices.org
- **Abode Services**
  - abodeservices.org
- **Rapid ReHousing Program**
  - Provides move-in assistance, short-term rental subsidies, and connection to support services to quickly transition homeless households to a permanent housing solution.
  - (510) 284-2135
- **Stay Well Housing**
  - Must be 18 to 24 years old, have a current mental health diagnosis, and be capable of living independently.
  - (510) 657-7409
- **Fred Finch Residential Programs**
  - STAY Program, Coolidge Court & Turning Point
  - Must have a mental health diagnosis.
  - (510) 482-2244 x 243
Alameda Point Collaborative  apcollaborative.org
Alameda housing program providing job training, health services, employment. 
677 W. Ranger Ave., Alameda
(510) 898-7800

Bonita House, Inc.  bonitahouse.org
Provides housing & supportive services to adults 18 or older who are coping with both addiction and mental health challenges. 
6333 Telegraph Ave., Suite 102, Oakland
(510) 923-0180

Bridge Housing  bridgehousing.com
Affordable housing in Alameda County and throughout California. 
(415) 989-1111

MidPen Housing  midpen-housing.org
Affordable housing in Alameda County 
(650) 356-2900

Satellite Affordable Housing Associates  saahomes.org
Affordable housing listings 
(510) 647-0700

Resources for Community Development  rcdhousing.org/our-properties
Affordable housing 
(510) 841-4410

Affordable Housing
Section 8 - Affordable Housing
Public Housing Authorities manage affordable housing developments and are responsible for administering Section 8 programs. You may apply at any office.

Housing Authority of the County of Alameda 
(510) 538-8876  haca.net
Oakland Housing Authority 
(510) 874–1500  oakha.org
Berkeley Housing Authority 
(510) 981-5470  ci.berkeley.ca.us/BHA
City of Alameda Housing Authority 
(510) 747-4300  alamedahsg.org
Livermore Housing Authority 
(925) 447-0288 livermorehousingauthority.com
Contra Costa County Housing Authority 
(925) 957-7000
Richmond Housing Authority
Deposit and Rent Assistance

**Season of Sharing**  
seasonofsharing.org  
To be considered, must be either disabled, age 55 or older, an emancipated foster youth (ages 18-24), or a family with children under 18  
510-272-3700

**Catholic Charities of the East Bay**  
ccceb.org  
Provides some assistance with move-in deposit and first and last month's rent. Must be Oakland resident  
433 Jefferson St., Oakland  
(510) 768-3100

**ECHO Housing**  
echofairhousing.org  
Rental Assistance Program  
also refers clients to Season of Sharing  
Livermore: (925) 449-7340  
Oakland: (510) 496-0496

**Shelter, Inc. (Contra Costa County)**  
shelterinc.org  
Also refers clients to Seasons of Sharing  
Can assist with security deposit and rent  
Call Monday, Wednesday & Friday: (925) 338-1038

**Beyond Emancipation Move-in Deposit Stipend**  
Assists eligible youth in applying to the county for a move-in deposit stipend of up to $1000. Available once up until the age of 21 only to former Alameda County foster youth who were in placement during their 16th or 17th year.  
(510) 667-7694

Utilities

**Pacific Gas & Electric (PG&E)**  
pge.com  
Gas and electricity utility service  
(800) 743-5000

**California Lifeline Telephone Service**  
californialifeline.com  
Low cost landline and cellphone services  
(866) 272-0349

**EBMUD**  
ebmud.com  
Water service  
Call between 8 am - 4:30 pm: (866) 403-2683
**Bill Payment Assistance**

**REACH, Salvation Army**
- One-time PG&E bill assistance
  - (800) 933-9677

**PG&E Payment Arrangements**
- PG&E can work out a payment schedule for you, if you need more time to pay your bill.
  - (800) PGE-5000

**FERA (Family Electric Rate Assistance Program) /CARE (California Alternate Rates for Energy)**
- Provides electric rate reduction for large households with low to middle income.
  - (800) PGE-5000

**Household Energy Assistance Program (HEAP) Spectrum**
- Provides financial assistance towards PG&E for Alameda County households that meet the income qualifications.
  - (510) 881-0300

**Educational Resources**

**Free Application for Federal Student Aid (FAFSA)**
- Must fill out FAFSA to receive financial aid.
  - fafsa.ed.gov

**Chafee Grant for Foster Youth**
- Up to $5,000 a year for college or career training
  - Customer Service: (888) 224-7268
  - chafee.csac.ca.gov

**Beyond Emancipation**
- Education & Employment Specialist: (510) 667-7694
  - Assistance with financial aid
  - Referrals to HS diploma, GED, and college access programs
  - Transcript analysis
  - Education planning
  - Book money (for qualified clients)
  - *Financing Your Education* guide (available at the B:E office)

**B2B Program** (ages 18 to 25)
- Educational support, planning, and counseling with a B:E specialist at Laney College
Alameda County Office of Education Foster Youth Services
Assistance with acquiring transcripts and school health records; mentoring and tutoring available.
750 International Blvd., 2nd floor, Oakland
(510) 670-7750 acoe.org

California Community Colleges Foster Youth Success Initiative
extranet.cccco.edu/Divisions/StudentServicesFosterYouthSuccessInitiatives.aspx
Every public community college in California has a foster youth liaison that will help get you connected to programs and services to be successful in college. Search for Foster Youth Success Initiative.
(916) 325-8562

East Bay Consortium - College and Career Information Center
Drop-in college and career information center open to all Oakland Unified students; scholarship information
314 E. 10th St. C223, Oakland
(510) 879-1586 eastbayconsortium.org

Second Start Adult Literacy Program
One-on-one tutoring and classes to assist with reading skills.
Completely free!
Oakland Public Library
125 14th St., Oakland
(510) 238-3432

Extended Opportunity Program and Services (EOPS)
Every public community college in California has an EOPS program. On State University and University of California campuses, EOPS is called EOP. Contact your school as soon as you register to apply for EOPS or EOP.

Cooperating Agencies Foster Youth Educational Support (CAFYES) Program
Program designed to support foster youth at the Peralta Colleges: Berkeley City, Laney, Merritt, and College of Alameda

Berkeley City College
2050 Center St., Berkeley
EOPS/CARE Coordinator: (510) 981-2832 berkeleycitycollege.edu/wp/eops/

Chabot College
25555 Hesperian Blvd., Bldg. 700, Room 767L, Hayward
EOPS/CARE Coordinator: (510) 723-6909 chabotcollege.edu/SpecialPrograms/EOPS
City College of San Francisco
50 Phelan Ave., Rm. 101, San Francisco
EOPS: (415) 239-3075
ccsf.edu/Services/EOPS
Guardian Scholars Program: (415) 239-3279

College of Alameda
555 Ralph Appezzato Memorial Parkway, Bldg A-101, Alameda
EOPS Program Specialist: (510) 748-2100
alameda.peralta.edu/eops-care/

Contra Costa College
2600 Mission Bell Dr., Student Services Center #102, San Pablo
EOPS/CARE Coordinator: (510) 215-3949
cost.contracosta.edu/studentservices/EOPS

Laney College
900 Fallon St., Bldg. “A”, Rm. A106, Oakland
(510) 464-3423
laney.edu/wp/eops/

Las Positas College
3000 Campus Hill Dr., Bldg. 1600, Room 1668, Livermore
(925) 424-1598
laspositascollege.edu/EOPS

Merritt College
12500 Campus Dr., R-109, Oakland
(510) 436-2470 or (510) 436-2473
merritt.edu/wp/eopscare

Ohlone College
43600 Mission Blvd., Bldg. 7, 2nd floor, Rm. 7249, Fremont
EOPS/CARE Coordinator: (510) 979-7549 or
(510) 659-6152
ohlone.edu/org/eops

California State University, East Bay
25800 Carlos Bee Blvd., Hayward
EOPS: (510) 885-3751
Renaissance Scholars Program: (510) 885-4426
csueastbay.edu/academic/academic-support/sas

California State University, San José
1 Washington Square, Clark Hall, First Floor
EOP Director: (408) 924-2637
www.sjsu.edu/eop/
Guardian Scholars Program: (408) 924-1089
www.sjsu.edu.eop/guardian-scholars
University of California, Berkeley
109 César E. Chávez Student Center, Berkeley
EOP: (510) 642-7224 eop.berkeley.edu/
Berkeley Hope Scholars Program: (510) 642-4457
California State University, San Francisco
1600 Holloway Avenue
Student Services Bldg. Rm. 201, San Francisco
EOP: (415) 338-1085 or (415) 338-1646 sfsu.edu/~eop/
Guardian Scholars Program: (415) 405-0546 sfsu.edu/~eop/gsp/
University of California, Santa Cruz
1156 High St., Santa Cruz
EOP: (831) 459-2296 eop.ucsc.edu/
Smith Renaissance Society: (831) 459-4968 smithsociety.ucsc.edu

Disability Advocacy and Services
Center for Independent Living cilberkeley.org/
Disability information and Referral: disability rights and the ADA, benefits (SSI/SSDI), housing issues, transportation, counseling, personal assistant services, independent living centers
3075 Adeline St, Suite 100, Berkeley
(510) 841-4776 (voice); (510) 848-3101 (TTY)

Disability Rights Education & Defense Fund (DREDF)
3075 Adeline St., #210, Berkeley dредf.org
(510) 644-2555

Community Alliance for Special Education (CASE) caseadvocacy.org
1550 Bryant St. Suite 735, San Francisco
Intake: (415) 431-2285

Disabled Students Programs & Services (DSPS) and,
Disabled Students Programs (DSP)
All California Community Colleges, California State Universities, and University of California campuses provides support services, specialized instruction, and educational accommodations to students with disabilities so that they can participate fully and benefit equitably from the college experience.

California Community Colleges (DSPS) ccccco.edu
California State Universities (DSP) calstate.edu
University of California (DSP) universityofcalifornia.edu
Go to beyondemancipation.org and subscribe to B:E Employed, a monthly newsletter featuring a collection of current job openings.

**Beyond Emancipation**

Education and Employment Specialist: (510) 667-7694
- Referrals for job training programs, job leads, and summer job programs
- Support with résumé, cover letter, and job hunting strategies

**GROW:** 12-week culinary training program for Oakland residents (ages 18-24)
**ELEVATE:** 6 month job placement program for Oakland residents (ages 18-24)

**PIC - Private Industry Council**

**One Stop Career Center** only for Oakland residents
1212 Broadway, Suite #100, Oakland
Main: (510) 768-4473

**Youth Employment Partnership (YEP)**

2300 International Blvd., Oakland
(510) 533-3447
Monday - Friday, 8:30 am - 6:30 pm

**The Workforce Collaborative**

Provides skills training, professional development, and pre/post employment assistance for low-income individuals of the East Bay
1433 Webster St., Suite 100, Oakland
(510) 891-8773; Mon- Fri, 9-4pm

**Youth UpRising**

8711 MacArthur Blvd., Oakland
(510) 777-9909

**Cypress Mandela, Inc.**

Hands-on and in the classroom training that prepares students for skilled trade jobs that are relevant to today’s construction industry.
977 66th Ave, Oakland
(510) 208-7350

**Berkeley Youth Alternatives**

1255 Allston Way, Berkeley
(510) 845-9010

**Green Youth Jobs**

Jobs and job training in energy efficiency
(510) 665-1501

**Soulciety**

Youth leadership and employment, arts/culture
Reach Ashland Youth Center
16335 E 14th St., San Leandro
(510) 453-3884
Alameda County WIB - Workforce Investment Board
One Stop Career Centers
Only for non-Oakland residents

HUSD/Hayward Adult School  has.edu
(510) 293-8595 x 5428
22100 Princeton St., Hayward

Satellite Sites:

1) Eden Area Multi-Service Center
   Hayward, San Leandro, San Lorenzo, Castro Valley & Fairview
   24100 Amador St. 3rd Floor, Hayward
   (510) 670-5700

2) Newark One Stop Career Center, Ohlone College
   www.tricitiesonestop.com
   39399 Cherry St. Room 1211, Newark
   (510) 742-2323

College of Alameda One Stop Career Center
   555 Ralph Appezatto Memorial Parkway, Alameda
   alameda.peralta.edu/one-stop-career-center/
   (510) 748-2208

Chabot College  chabotcollege.edu
   Youth service provider for Fremont, Newark & Union City
   25555 Hesperian Blvd., Hayward
   (510) 723-6600

High School Diploma with Job Training

California Conservation Corps  ccc.ca.gov
   Job training in environmental work and disaster response. Offers education and job training. Both residential and non-residential programs available.
   (800) 952-5627

Civicorps  cvcorps.org
   Gain job skills in natural and urban resource fieldwork while attending classes towards obtaining your high school diploma; class curriculum is tied to field-service projects. (ages 18-24)
   101 Myrtle St., Oakland
   (510) 992-7800
Treasure Island Job Corps  
jobcorps.gov
A no-cost education and vocational training program for ages 16 to 24. Optional housing on site or commute as day participant.  
351 H Avenue, Building 442, Treasure Island, SF; (415) 277-2400

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<th>HEALTH AND WELLNESS</th>
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**Medical Care**

**Native American Health Center**  
nativehealth.org
2950 International Blvd., Oakland  
(510) 535-4400

**La Clinica de La Raza**  
laclinica.org
Fruitvale Village, 2nd floor  
Clinica Alta Visa (teen health center)
3451 E. 12th St., Oakland  
1515 Fruitvale Ave, Oakland  
(510) 535-3500  
(510) 535-6300

**Berkeley Free Clinic**  
berkeleyfreeclinic.org
2339 Durant Ave., Berkeley  
(510) 548-2570 or (800) 625-4642

**LifeLong Medical Care**  
lifelongmedical.org
Downtown Clinic  
East Oakland
616 16th St., Oakland  
10700 MacArthur Blvd  
(510) 981-4100  
(510) 981-4100

**West Oakland Health Center**  
wohc.org
700 Adeline St., Oakland  
(510) 835-9610

**East Oakland Health Center**  
wohc.org/eohc.html
7450 International Blvd., Oakland  
(510) 430-9401

**Alameda County Public Health Department**  
acphd.org x
A-Z listing of resources and services in Alameda County

**Eastmont Wellness Center**  
eastmontahs.org
No one will be turned away due to lack of income or lack of insurance.  
6955 Foothill Blvd., Suite 200, Oakland  
(510) 567-5700

**Health Care for the Homeless (HCHP)**  
achch.weebly.com
1404 Franklin St #200, Oakland
Suitcase Clinic - Youth Clinic (12 to 25) suitcaseclinic.org/youth
St. Mark’s Episcopal Church
2300 Bancroft Way, Berkeley
Clinic on Mondays from 6pm to 9pm, with dinner at 7:30pm
(510) 423-3303

San Francisco Community Clinic Consortium sfccc.org
2720 Taylor St. Suite 430, San Francisco
(415) 355-2222

Oakland Children’s Hospital childrenshospitaloakland.org
Encore Medical Clinic (0 to 18)
Access to children’s hospital services with extra support from case managers. Offering same-day appointments, medical assistance, specialized referrals
5220 Claremont Ave, Oakland
(510) 428-3788

Adolescent Healthcare Services
Medical Service: ages 11-24; Mental Health: ages 11-21
Teen Clinic
5400 Telegraph Ave, Oakland
(510) 328-3387

Youth Uprising /Castlemont Health Center
8711A MacArthur Blvd, Oakland
(510) 428-3556

Chappell Hayes Health Center
2607 Myrtle St, Oakland
(510) 835-1393

Dental Care
denti-cal.ca.gov
(800) 322-6384

Berkeley Free Clinic berkeleyfreeclinic.org
2339 Durant Ave., Berkeley
(510) 548-2570
Monday and Thursday 5-9pm

Highland Hospital Dental Clinic
1411 E. 31st St., Oakland - East Wing, 2nd floor
(510) 437-4473
Emergency drop-in clinic: 6:30 am - 1 pm
Regular clinic: Mon-Fri, 7am-5pm
HIV/AIDS Hotline Service and Referral Line: (800) FOR-AIDS

AIDS Project of the East Bay apeb.org
Medical case management provides medical care, access to lifesaving drugs, housing, financial assistance and mental health support.
(510) 663-7979

Allen Temple AIDS Ministry allen-temple.org
Testing, prevention, case management & spiritual support. Includes Hepatitis C testing.
8501 International Blvd., Oakland
(510) 544-8910

Downtown Youth Clinic / East Bay AIDS Center
3100 Summit St., 2nd Floor, Oakland
(510) 869-8400

HIV Education and Prevention Project of Alameda County (HEPPAC) casasegura.org
Casa Segura Drop-In Center
HIV education & prevention. Free services: access to showers, laundry, & food pantry. STD Clinic, mobile wound care, counseling, HIV testing, syringe exchange. A safe place to get off the street, clean up, eat and rest.
5323 Foothill Blvd., Oakland
(510) 434-0307
Open Tuesday - Friday, 10 am - 4pm

Mental Health Support - Counseling
ACCESS - Alameda County Behavioral Health Care Services acbhcs.org
(800) 491-9099

Sausal Creek Outpatient Stabilization Clinic
Emergency evaluations, stabilization, psychiatric services, crisis support.
2620 26th Ave., Oakland
(510) 437-2363
PREP - Prevention and Recovery in Early Psychosis  
askprep.org
Early-intervention treatment program for schizophrenia and early onset psychosis.
22971 Sutro St Hayward
Office: (510) 318-6100
Referral Line: (888) 535-7737

Family Education & Resource Center  
askferc.org
Support for family and friends of those struggling with mental illness.
7200 Bancroft Ave., Suite 269, Oakland
(888) 896-3372
(510) 746-1700

Native American Health Center
Therapy, talking circles, traditional healing activities, HIV/AIDS services, substance abuse treatment, youth services.
3124 International Blvd., Oakland
(510) 434-5420 (counseling department)

New Bridge Foundation  
newbridgefoundation.org
Intensive Outpatient Program. Primarily a substance abuse program, but also offers dual diagnosis services.
2323 Hearst Ave Berkeley
(510) 548-7270
(800) 785-2400

The O.A.S.I.S. Clinic  
oasiscliniconline.org
Clinical intervention and education for substance abusers.
520 27th St., Oakland
(510) 834-5442

St. James Infirmary  
stjamesinfirmary.org
Medical and social services are available to current and former sex-workers, their partners, and their children.
234 Eddy St., San Francisco
(415) 554-8494

La Clínica Casa del Sol  
laclinica.org/casadesol
Provides linguistic and culturally sensitive clinical services for low income and uninsured Latino and/or Spanish Speaking residents of Alameda County.
1501 Fruitvale Ave., Oakland
(510) 535-6200
Fred Finch Youth Center – Transitions Program  
675 Hegenberger Rd., Suite 100, Oakland  
(510) 667-7811  
fredfinch.org

Alternative Family Services  
401 Roland Way Suite 100, Oakland  
(510) 839-3800  
afs4kids.org

STARS Community Services & TAY Program (ages 18-25)  
545 Estudillo Ave., San Leandro  
(510) 746-7480 & 352-9200  
starsinc.com

West Coast Children’s Clinic  
3301 E. 12th St., Suite 259, Oakland  
(510) 269-9030  
westcoastcc.org

Substance Abuse Support

Alcoholics Anonymous  
295 27th St., Oakland  
24-hr hotline: (510) 839-8900 or office: (510) 839-0709  
eastbayaa.org

Narcotics Anonymous  
(510) 444-4673  
naalamedacounty.org

Marijuana Anonymous  
(510) 957-8390  
madistrict2.org

ALANON and ALATEEN in Northern California  
Support groups for youth (under 21) affected by a close one’s drug use  
(510) 276-2270: Alameda County  
(650) 794-9654: Spanish Hotline  
www.ncwsa.org

Thunder Road Adolescent Treatment Centers  
Inpatient and outpatient substance abuse program for adolescents.  
390 40th St., Oakland  
(510) 653-5040  
altabatessummit.org/thunderroad

Cherry Hill Sobering Center: 1-866-866-7496  
For those needing immediate sobering services from alcohol or other drugs with a brief visit of 24 hours or less.

Cherry Hill Detoxification Center: (510) 346-7836  
For those who may need 24 hour monitoring for a safe withdrawal from alcohol or other drugs for 3 to 5 days.
DOMESTIC VIOLENCE

National Domestic Violence Hotline: 1 (800) 799–SAFE

Alameda County Family Justice Center acfjc.org
One-stop center with multiple agencies serving victims of domestic violence & sexual exploitation.
470 27th St., Oakland
(510) 267-8800
Mobile Response Team: 510-757-5123

MISSSEY – Motivating, Inspiring, Supporting & Serving Sexually Exploited Youth
Provides comprehensive support and services to sexually exploited youth.
Oakland: (510) 251-2070
misssey.org

Bay Area Women Against Rape (BAWAR) bawar.org
Free counseling to survivors of sexual assault and accompaniment to police, court, & hospitals.
470 27th St., Oakland
Rape Crisis Hotline: (510) 845-7273 (24 hours)

A Safe Place asafeplacedvs.org
Shelter, counseling, assistance with housing & employment.
24/7 Crisis line: (510) 536-7233
Office: (510) 986-8600

Safe Alternatives to Violent Environments (SAVE) save-dv.org
Shelter, transitional housing, legal aid, outreach/prevention & counseling.
24 Hour Crisis Line (510) 794-6055

Shepherd’s Gate shepherdsgate.org
Shelter & transitional housing in Livermore.
Office: (925) 443-4283
Intake: (925) 487-4147

WOMAN, Inc. womaninc.org
(Women Organized to Make Abuse Nonexistent)
Support groups, therapy, and community education for battered women in the SF Bay Area, Spanish speaking services.
333 Valencia St., Suite 450, San Francisco
Crisis line: (415) 864-4722 (24 hours)
Office: (415) 864-4777

La Casa De Las Madres lacasa.org
Drop-in center, emergency shelter, English/Spanish services.
1663 Mission St., Suite 225, San Francisco
(877) 503-1850 (24 hour crisis line for adults)
(877) 923-0700 (24 hour crisis line for teens)
Tri-Valley Haven  trivalleyhaven.org
Shelter, counseling, legal aid, & advocacy in Livermore.
(800) 884-8119 (24 hours)

Davis Street Family Resource Center  davisstreet.org
Family support services, medical care, mental health services, children’s services, and more.
3081 Teagarden St., San Leandro
510-347-4620

Domestic Violence Offender Treatment

Alameda Family Services  alamedafs.org
2325 Clement Ave., Alameda
(510) 629-6300

Peace Creations  peacecreations.org
Castro Valley, Concord, Pleasanton, & Oakland
(925) 833-9505

Second Chance  secondchanceinc.com
Drug and alcohol counseling
6330 B Thornton Ave., Newark
107 Jackson St. Hayward
(510) 792-HELP

Men Creating Peace  mencreatingpeace.org
To help men gain new coping strategies, develop healthy relationships, and create more peace in their lives through accountability and advocacy. Classes held at Laney College and in Berkeley
(510) 730-0184

SOCIAL SERVICES AND LEGAL RESOURCES

All Social Services in Alameda County
Eden Information & Referral (24 hours): 211 or (888) 886-9660

Public Benefits

Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

WIC Program
WIC appointments and information: (510) 595-6400
Breastfeeding help: (510) 595-6470

WIC Office Locations:
3600 Telegraph Ave., Oakland; (510) 595-6410
7200 Bancroft Ave., Suite 204, Oakland; (510) 577-7040
24085 Amador St., Suite 100, Hayward; (510) 670-6465
39155 Liberty St., Suite D-430, Fremont; (510) 795-2457
Medi-Cal, Food Stamps, General Assistance & CalWorks Applications

Alameda County Social Services Agency
www.alamedasocialservices.org

CalWORKS, Food Stamps, General Assistance, Medi-Cal
(510) 639-1000

North County Multi-Service Center
2000 San Pablo Ave., Oakland
(510) 263-2420

Eastmont Self-Sufficiency Center
6955 Foothill Blvd., Suite 100, Oakland
(510) 383-5300

Alameda County Medi-Cal Center
8477 Enterprise Way, Oakland
(510) 777-2300

South County Self-Sufficiency Center
24100 Amador St., Hayward
(510) 670-6000

Fremont Social Services Office
39155 Liberty St., Suite C330, Fremont
(510) 795-2428

Livermore Office
3311 Pacific Ave., Livermore
(925) 455-0747

Alameda County Medi-Cal Specialist
If you are, or were, in a foster care placement at age 18, you are eligible for full scope Medi-Cal until you are 21 years old.
(510) 268-2695

Legal Assistance

Bay Area Legal Aid
baylegal.org
Legal Advice Line: (800) 551-5554
Main line: (510) 663-4755

Alameda County
1735 Telegraph Ave., Oakland
(510) 250-5270

Contra Costa County
1025 MacDonald Ave., Richmond
West Contra Costa County: (510) 250-5270
East Contra Costa County: (925) 219-3325

Marin County
30 North San Pedro Rd., San Rafael
(415) 479-8224
San Francisco County
1035 Market St., 6th Floor, San Francisco
(415) 354-6360

Santa Clara County
4 North Second St. Suite 600, San Jose
(800) 551-5554

San Mateo County
1048 El Camino Real, Suite A, Redwood City
(650) 472-2666

California Foster Youth - “Know Your Rights”
fosteryouthhelp.ca.gov
(877) 846-1602

National Center for Youth Law
youthlaw.org
405 14th St., Suite 1500, Oakland
(510) 835-8098

East Bay Community Law Center
ebclc.org
2921 Adeline St., Berkeley
(510) 548-4040

Alameda County Bar Association
acbanet.org
(510) 302-2222; calls only (no walk-ins)

East Bay Children’s Law Office
ebclo.org
Represents most Alameda County foster youth.
7700 Edgewater Dr., Suite 210, Oakland
Oakland: (510) 496-5200

Tax Assistance
Earn It, Keep It, Save It
earnitkeepitsaveit.org
Free tax preparation help dial 211

Free Credit Report
Annual Credit Report
annualcreditreport.com
This is the ONLY FREE website to check your credit!
The information in your credit report is used to evaluate your
applications for credit, insurance, employment, and renting. You should be
sure the information is accurate and up to date. In addition, monitoring
your credit is the best way to spot identity theft. Check your credit report
once a year to correct errors and detect unauthorized activity.

Operation Hope
operationhope.org
3062 East 9th St., Oakland
(510) 535-6700
Credit & money management workshops, business development
program, cyber café, & home ownership program.
Identifying Documents
Birth & Death Certificates
Alameda County Clerk-Recorder’s Office
1106 Madison St., Oakland
(510) 272-6362

Berkeley Vital Records Office
1947 Center St., 2nd floor, Berkeley
(510) 981-5320

Social Security Card
(800) 772-1213
www.ssa.gov/ssnumber
3164 Garrity Way, Richmond
2045 Allston Way, Berkeley
7200 Bancroft Ave., Oakland
360 22nd St. #400, Oakland
320 Davis St., San Leandro
24301 Southland Dr., Hayward
3100 Mowry Ave., Suite 100, Fremont

California ID Card & California Driver’s License
www.dmv.ca.gov/dl/dl_info.htm

California ID Discount Letter
Eligible current and former foster and probation youth can stop by
Beyond Emancipation and get a DMV discount letter.

PREGNANCY AND PARENTING

Pregnancy

Planned Parenthood Clinics
plannedparenthood.org

Antioch: 1104 Buchanan Road #C10 (925) 754-4550
Concord: 2185 Pacheco St. (925) 676-0300
El Cerrito: 320 El Cerrito Plaza (510) 527-5806
Hayward: 1032 A St. (510) 300-3800
Merced: 3166 Collins Drive (209) 723-7751
San Rafael: 2 H St. (415) 380-8797
Mountain View: 225 San Antonio Rd. (650) 948-0807
West Oakland: 1682 7th St. (510) 300-3800
East Oakland: 8480 Enterprise Way (510) 746-4700
Birth Right: birthrightofsanlorenzo.com
Provides maternity clothes, baby clothes, information on pregnancy and prenatal care, pregnancy tests, and other support services.
1048 Grant Ave., San Lorenzo
24-hr hotline: 1 (800) 550-4900
(510) 481-9677

Cal-SAFE: www.acoe.org/acoe/StudentPrograms/SchoolPrograms/Cal-SAFEandISP
A high school program providing academic instruction and support services for pregnant and parenting teens.
Fruitvale Academy: 2640 International Blvd., Oakland
(510) 536-6086
William P. Burke Academy: 612 West A St., Hayward
(510) 785-9326

Brighter Beginnings: brighter-beginnings.org
Gateway Center: 2648 International Blvd., Oakland
(510) 437-8950
San Antonio Center: 2595 International Blvd., Oakland
(510) 903-7500

Black Infant Health Program
Provides a range of support services to pregnant and parenting African American families.
(510) 618-1967

Alameda County Healthy Start Initiative
1100 San Leandro Blvd., Suite 120, San Leandro
(510) 618-2080
## Child Care & Parenting

### Bananas

- **Bananas inc.**
  - 5232 Claremont Ave., Oakland
  - General information: (510) 658-7353
  - Child care referrals for North County:
    - (510) 658-0381

### Child Care Links

- **childcarelinks.org**
  - **East County / Tri Valley:** (925) 417-8733
  - **Oakland:** (510) 568-0306

### Child Care Coordinating Council (4 C's)

- **4c-alameda.org**
  - 4 C's Child Care Referrals are provided for Castro Valley, Fremont, Hayward, Newark, San Leandro, San Lorenzo, & Union City:
    - **22351 City Center Dr., Ste 100, Hayward**
      - (510) 582-2182
    - **8105 Edgewater Dr., Ste 270, Oakland**
      - (510) 383-3582
    - **39155 Liberty St., room D410, Fremont**
      - (510) 713-2557

### Early Head Start (0 to 3)

- **caheadstart.org**
  - **Oakland:** (510) 553-9926
  - **Hayward:** (510) 796-9512 Ext. 18
  - **Home Based Program (For pregnant women and women with children ages 0 to 3):** (510) 629-6300

### Head Start (3 to 5)

- **Oakland:** (510) 238-3165
- **Hayward:** (510) 796-9512
- **Berkeley:** (510) 848-9092
- **Spanish speaking:** (510) 535-6105

### Brighter Beginnings

- **brighter-beginnings.org**
  - Offers teen parent support groups for pregnant & parenting teens & child development and family support services.
  - **Main:** 2648 International Blvd., Oakland—(510) 437-8950
  - **San Antonio Center:** 2595 International Blvd., Oakland—(510) 903-7500

### Department of Child Support Services

- **childsup.ca.gov**
  - File and check on a Child Support Claim
  - **5669 Gibraltar Dr., Pleasanton**
    - (866) 901-3212

### Fremont Family Resource Center

- **fremont.gov/228/family-resource-center**
  - One-stop multi-service center
  - **39155 Liberty St., Suite A110, Fremont**
    - (510) 574-2000
Fatherhood Services & Men's Support

Black Infant Health  acphd.org/bih.aspx
Fatherhood support & parenting classes
1100 San Leandro Blvd. Suite 100, San Leandro
(510) 618-1967

DNA Diagnostic Center  dnacenter.com
(800) 613-5768

Genetic Testing Laboratories Inc.  gtldna.net
(866) 833-6895

Planned Parenthood - West Oakland  plannedparenthood.org
1682 7th St., Oakland
(510) 300-3800

Men's Hotline (24 hrs)
Support for men who have engaged in domestic violence
903 Irwin St., San Rafael
(415) 924-1070

Alameda County Healthy Start Initiative  acphd.org
Daddy Boot Camp, case management & support services
1100 San Leandro Blvd., Suite 120, San Leandro
(510) 618-2080

Alameda County Public Health Department  acphd.org/urban-male-health.aspx
Urban Male Health Initiative: 1000 Broadway Ave., Suite 500, Oakland
Advice and referrals to young men
(510) 267-8000

Men of Valor Academy  menofvaloracademy.org
Program to support men, who have dropped out of school or have been incarcerated, to acquire the skills and capacity to become productive citizens and responsible family members.
6118 International Blvd., Oakland
(510) 567-1308

Brighter Beginnings  brighter-beginnings.org
Groups and family advocates work to engage young fathers, offering guidance and support.
2648 International Blvd., Oakland
(510) 437-8950
Mentoring

Be A Mentor  beamentor.org
24301 Southland Dr. #504, Hayward
(888) 232-6368

The Mentoring Center  mentor.org
672 13th St., Suite 200, Oakland
(510) 891-0427
tmc@mentor.org

Ever Forward Club  everforwardclub.org
A strong community of support for young men of color
1714 Franklin St. #100-337, Oakland
(510) 854-6794

LGBTQQ Youth (Lesbian, Gay, Bisexual, Transgender, Queer & Questioning)

Pacific Center for Human Growth  pacificcenter.org
Counseling/psychotherapy
2712 Telegraph Ave., Berkeley
(510) 548-8283
info@pacificcenter.org

Bay Area Youth Center - Our Space  baycyouth.org
Community center for LGBTQ and straight ally youth ages 14 – 24.
Services include: movie night, writing group, performance group, LGBTQ field trips, intergenerational community building, leadership development, therapy and case management with LGBTQ providers and more.
22245 Main St., Hayward
(415) 760-6810

Communities United Against Violence (CUAV)  cuav.org
A multicultural, anti-oppression organization working to end violence against and within our diverse LGBTQQ communities.
427 South Van Ness Ave., San Francisco
(415) 777-5500

LYRIC - Lavender Youth Recreation & Information Center  lyric.org
127 Collingwood St., San Francisco
(One block west of Castro, between 18th and 19th streets)
Email: lyricinfo@lyric.org
(415) 703-6150
GLBT National Youth Talkline  
glnh.org  
(800) 246-7743  
Hotline available Mon. to Fri. 1 pm - 9 pm, Saturday 9 am - 2 pm (PST)  
All services are free and confidential  
youth@GLBTNationalHelpCenter.org

The Trevor Lifeline (LGBTQQ)  
thetrevorproject.org  
Crisis intervention and suicide prevention for LGBTQQ youth. Hotline is in English only. Texting and instant messaging available.  
(866) 488-7386

American Indian Resources

American Indian Child Resource Center  
aicrc.org  
522 Grand Ave., Oakland  
(510) 208-1870

Administration for Native Americans  
acf.hhs.gov/programs/ana  
ANA promotes self-sufficiency for Native Americans by providing discretionary grant funding for community based projects and training and technical assistance to eligible tribes and native organizations.  
Help desk: (877) 922-9262

Intertribal Friendship House  
ifhurbanrez.org  
Keeping connected to culture and traditions through pow wow dance, drumming, beading classes, and many social gatherings, cultural events, and ceremonies.  
523 International Blvd., Oakland  
(510) 836-1955

Arts and Culture

Bay Area Youth Arts  
bayyoutharts.org  
Offers music, song, drumming, and dance classes up to age 22.  
Malonga Casquelourd Center for the Arts, Mezzanine, Office X  
1428 Alice St., Oakland, CA  
(510) 282-1001

Eastside Arts Alliance  
eastsideartsalliance.com  
Graffiti arts, video production, and performing arts for youth ages 12 to 21 (varies by program).  
EastSide Cultural Center  
2277 International Blvd., Oakland  
(510) 533-6629
United Roots Oakland unitedrootsoakland.org
Music, dance, theater, video production, and mural creation for youth up to age 24.
2781 Telegraph Ave., Oakland
(510) 834-0347

RYSE rysecenter.org
Youth programs that promote social justice and community healing through music, video production, visual and performing arts
205 41st St., Richmond
(510) 374-3401

Youth Radio youthradio.org
Broadcast journalism and media production classes and paid internships for youth ages 14 to 24.
1701 Broadway, Oakland
(510) 251-1101

Youth Speaks youthspeaks.org
Empowering youth through literacy and spoken word. Free writing and performance workshops, after school programs, and youth development.
1663 Mission St., Suite 604, San Francisco
(415) 255-9035

Youth UpRising youthuprising.org
Studio recording and engineering, DJ’ing, music, performing arts, video and film production, and visual arts.
8711 MacArthur Blvd., Oakland
(510) 777-9909
Foster Youth Internet Resources

Foster Care Ombudsman Program of California
fosteryouthhelp.ca.gov

Alameda County Independent Living Program - ILP
alamedacountyilsp.org

Beyond Emancipation
beyondemancipation.org

California Coalition for Youth
calyouth.org

California Youth Connection (CYC)
calyouthconn.org

California’s HIV/STD Referral Database
cdcnpin.org/ca/

Casey Family Programs
casey.org

Foster Club
fosterclub.com

Fred Finch Youth Center
fredfinch.org

Honoring Emancipated Youth (HEY!) & TAYSF
taysf.org

Larkin Street Youth Services
larkinstreetyouth.org

Lyric (LGBTQQ youth)
lyric.org

Scholarships for Foster Kids
collegescholarships.org/scholarships/foster.htm

Youth UpRising
youthuprising.org

Y.O.U.T.H. - Youth Offering Unique Tangible Help
youthtrainingproject.org
Advocacy

Youth Advocate Program - YAP
West Coast Children’s Clinic
(510) 269-9030
A West Coast Children’s Clinic advisory board of current and former foster youth and adults working together to develop recommendations to Alameda County on improving services and programs that enrich the lives of foster youth.

California Youth Connection - CYC
1611 Telegraph Ave #1100
(415) 442-5060
Leadership training and advocacy action to improve the child welfare system. Alameda County’s chapter of a statewide organization.

Pet Care

Pals East Bay
Free clinic providing vaccines and microchips
PALSEastBay@gmail.com
1101 29th Avenue Oakland
palseastbay.org/free-clinics.html

East Bay SPCA
Offers pet services for low-income residents of Alameda and Contra Costa County
(510) 569-1606

Berkeley Humane Society (BHS) Pet Food Pantry
Distributes pet food for up to 2 pets every last Saturday of the month, 9 to 11 am. Must provide bring government issued ID, proof of residency in Alameda or Contra Costa county, and proof of spay and/or neuter.
berkeleyhumane.org/Pet-Food-Pantry

Paw Fund
Free pet vaccine clinics several times a year at the corner of Bolivar and Addison (Berkeley), Sun 10 am-1pm. Sign-ups until 11am. Low cost/free spay and neuter referrals. Call (510) 390-3488 for info and clinic dates.
pawfund.org
Hegenberger Partners
Multi-Agency Center

These agencies have staff, programs, or services at
675 Hegenberger Road, Suite 100, Oakland, CA 94621

Alameda County’s Independent Living Program - ILP (ages 14-21)
(510) 667-7696
Provides classes, training, and activities to support successful transitions into adult life for eligible youth currently living in foster homes and group homes.

Beyond Emancipation - B:E (ages 18-24)
(510) 667-7694
Aftercare support for current and former foster and probation youth. Services include housing, education and employment support, and case management, as well as information and referrals.

Fred Finch Youth Center - Transitions (ages 15.5-21)
(510) 667-7817
Mobile counseling and intensive case management for youth aging out of care who need support working through emotional, behavioral, and psychological challenges.

ILP Child Welfare Workers
A unit of Child Welfare Workers (CWW) specializing in emancipation services. Please call your assigned CWW for assistance.
Our mission is to help Alameda County’s current and former foster youth make successful transitions into adulthood and independent living.

Beyond Emancipation is Alameda County’s primary provider of aftercare services to youth from the child welfare system. In addition, we provide these services to eligible youth from the juvenile probation system. Information and referral support is available to all transition age youth, between the ages of 16 to 24.

Beyond Emancipation
675 Hegenberger Road, Suite 100
Oakland, CA 94621
beyondemancipation.org
Main: (510) 667-7694
Fax: (510) 667-7639