

Interested in learning culinary arts and job skills for the culinary field?



GROW Oakland

Gaining Resources and Opportunities for Work: GROW



Eligibility: 17-20 years old and live in Oakland
Must be available during the day from Feb. 29th - June 2nd

12 week program: 8 weeks of classroom instruction and 4 weeks of internship. Earn up to \$100 per week!

Call: Courtney Ralph | 510.667.7804
cralph@beyondemancipation.org

GROW is designed to engage, educate, and train youth in personal health and wellness as we prepare them for meaningful work in the culinary field.





Program Overview

The Gaining Resources and Opportunities for Work (GROW) program is a 12-week culinary arts job training course providing a comprehensive introduction to the food service industry. Students enrolled in this training program will have over 200 hours of classroom instruction and culinary skills practice, work directly in established commercial kitchens as interns and be mentored by some of the East Bay's most talented chefs. Successful graduates will earn their California Food Handler Certificate of Achievement and be prepared for immediate work within the food service sector.

GROW will run for 12 weeks, from March 14th – June 2nd:

- Weeks 1- 8: Classroom training and culinary skill practice from 9:00 am - 4:00 pm, Monday - Thursday.
- Weeks 9-12: 2 days per week of internship at local Oakland eateries and 1 day per week of professional development workshops
- Youth can earn up to \$100 +/-week in stipends and wages

Eligible youth are:

- Age 17.5 - 21
- Current or former foster or probation youth
- Resident of Oakland
- Available during the times above
- Interested in learning new skills to prepare for meaningful work in the culinary field

Application Process:

- Submit application by **Thursday, February 25th**. Please note you will be contacted when your application has been received.
- Pre-employment Readiness Sessions: **February 29th – March 10th** (Mon – Thurs, 10a – 2p)
- Program begins Monday, March 14th.

If you do not meet all the eligibility requirements, but you are interested in the program, please contact us to talk about your options.

To apply, fill out the attached application and **mail it, drop it off, scan/email or fax** it to:

Courtney Ralph, Education and Employment Coordinator
Beyond Emancipation
675 Hegenberger Rd, Suite 100
Oakland, CA 94610
Phone: 510-667-7804
Fax: 510-667-7639
cralph@beyondemancipation.org





Office Use Only: Eligible? Y/N ILSP eligible? Y/N THP+ eligible? Y/N NMD? Y/N
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GROW Oakland Application: A Culinary Training Program

Deadline: Thursday, February 25th, 2016

Name: _____ Date: _____

Date of Birth: _____ Age: _____ FULL social security number: _____

Home Address: _____

Phone Number: _____ E-Mail: _____

Social Worker/Probation Officer: _____ Phone # _____

B:E Case Manager: _____

How did you find out about this program? _____

What are your career goals/areas of interest?

Why are you interested in the culinary field? What would you like to get out of this program?

Are there barriers that might prevent you from completing this program? If yes, how will you address them? (Examples: Schedule conflicts, childcare, transportation, health concerns, job, school)

What kind of transportation will you use to get to class? _____

Do you have a high school diploma? Yes / No Do you have a GED? Yes / No



Are you in school? Yes / No If yes, where? _____

Are you working? Yes / No How many hours per week? _____

Do you have children? Yes / No How many? _____ Do you have reliable childcare? Yes / No

Do you have stable housing? Yes / No

What is your current living situation?

- Foster home
- Group home
- THP+ Foster Care (Which one: _____)
- SILP (Supervised Independent Living Placement)
- Rent your own apartment
- FUP housing
- Shelter (Which one: _____)
- Residential treatment program (Which one: _____)
- Other (specify: _____)

What are your sources of income? __Job __SSI __Financial Aid __CalWORKS __ AB12 __other/none

Are you able to lift 50 lbs? Yes / No

Do you have the ability to stand your feet 6-8 hours a day? Yes / No

Do you have any food allergies? Yes / No If yes, to what? _____

Do you have any dietary restrictions? Yes / No If yes, what are they? _____

List two professional references (Note: Your references must be a non-family member, such as, your social worker, case manager, employer, mentor, teacher, education/employment specialist, or advocate.)

Name	Phone Number or Email	Relationship to you
Reference 1:		
Reference 2:		

Don't forget to review your application for any missing information!

Thank you!